

Retreat Weekend - What to Bring

Bedding & Room Accommodations

A twin bed, pillow, blanket, bed linens, and towels will be provided.

All rooms are equipped with heating and air conditioning.

Clothing

- Comfortable casual clothing
- Layers for varying room temperatures
- Sleepwear
- Comfortable walking shoes

Personal Care Items

- Toothbrush and toothpaste
- Shampoo and conditioner
- Soap or body wash
- Deodorant
- Hair care items
- Shower flip-flops (optional)

Spiritual & Personal Items

- Bible
- Rosary
- Journal or notebook
- Pen or pencil
- Any devotional materials you enjoy using

Miscellaneous

- Refillable water bottle (purified water is available)
- Coffee thermos or favorite mug (optional)
- Medications you may need throughout the weekend

There is also a lovely gift shop on-site featuring Catholic books, sacramentals, gifts, and devotional items for you to enjoy during your stay